



Community Bursary Case Study

Mental Health Aberdeen The Alford Art Centre Group

- Organisation:** Mental Health Aberdeen – The Alford Art Centre Group
- Aim:** Mental Health Aberdeen provides advice and support services to people with mental health difficulties.
- Bursary amount:** £2,000
- Spend:** The bursary has allowed Mental Health Aberdeen to re-establish the Alford Art Group.

This has enabled them to hold sessions on arts and crafts and fine art, as well as allowing them to order new art equipment, including card-making sets, easels, portable painting equipment and art books.

Alongside holding art sessions, Mental Health Aberdeen has a number of trips planned to paint al-fresco, as well as visits planned to art galleries.

The group also hope to hold an exhibition to allow the group to show case their work.